



International Figure Skating Competition

JUNA CUP 2010

for amateur skaters

Event time :

January 09.-10.2009

Organized by:

Skating club Juna (Tallinn)

Venue of competition:

Premia Ice Rink

Address:

Haabersti 3, Tallinn, Estonia

ENTRIES

Competition will be held in single skating and pair skating in following categories:

1. Single skating:

Pre- Young (10-12 years)

Young (13-15 years)

Young adults (16-25 years)

Class I (26-35 years) Bronze, Silver and Gold

Class II (36-45 years) Bronze, Silver and Gold

Class III (46- 55 years) Bronze, Silver and Gold

Class IV (56- ... years) Bronze, Silver and Gold

2. Pair Skating

The Organizers have the right to combine categories if the number of participants requires. The judging shall be done in new system (according to ISU regulations). Vocal music is not permitted.

REGISTRATION OF ENTRIES AND ENTRY FEE

Entries must be postmarked no later than **26.11.2009**. Application forms must be submitted in a written. Please note your contact information (e-mail, phone) on the entry form. The written *proof of age* (copy of passport or ID) must be sent with application form. Application forms can be sent by e-mail on the following address:

junacup@juna.ee

With the entry to the competition, the entry fee must be paid as follows:

Entry fee made before 26.11.2009

Single skating - 60 € per person

Pair skating 70 € per pair

Entry fee made after 26.11.2009 and before 10.12.2009

Single skating - 70 € per person

Pair skating 80 € per pair

The entry fee will not be refunded in case of withdrawals. Payment must be made by money order *right after you received a confirmation about registration* from Organizer but not later than **10.12.2009**. We kindly ask the clubs to make one payment for all its participants.

Payment must be made to:

Iluuisutamisklubi Juna
Registry code: 80268389
Address: Retke 30-122,
13419 Tallinn
info@juna.ee
Phone no: +372 55 684 274

Bank account:
Swedbank
Address: 8 Liivalaia St., Tallinn 10118,
Estonia
Account number: 221041046080
IBAN: EE65 2200 2210 4104 6080
SWIFT/BIC: HABAE2X

PLANNED PROGRAM CONTENT SHEET

Planned Program Content sheet must be sent no later than **17.12.2009** (see Annex 3). Its not permitted to hand over the Program Content Sheets directly to the competitions Officials during the competition. Changed Program Content Sheet must be turned in upon registration. Planned Program Content sheet can be sent by e-mail on the following address:

raimo.skate@hotmail.com

MUSIC

Music (equipped with the full name of the competitor, club and category) on CD must be submitted to the announcer's desk before the relevant event and picked up from the same place after the event.

COMPETITION SCHEDULE

A detailed time schedule will be available 7 days before the competition at the competition website junacup.juna.ee

Final timetable shall be announced at the opening draw.

BANQUET

The dinner party will be held after the competition day. The place will be announced during mandate. The fee for one person is 10 EUR. Please fulfill the application form about your interest in joining the dinner.

EXPENSES

The organizer does not pay any expenses of the teams. Travel expenses, and accomodation will be borne by the participants. Expenses related to the competition's technical management will be covered on account of the entry fees and sponsorship by the Organizer.

PROTOCOL

Protocol shall be available at the Skating Club Juna website: junacup.juna.ee

The Organizers shall not provide print-outs or CD-s.

ACCOMONDATION

The Organizers recommend accomondation in the following hotels:

HOTEL ROCCA AL MARE

http://www.roccahotels.ee/hotel_eng/

The nearest hotel to the Premia Ice Rink (15 min. walking distance).

GO HOTEL SHNELLI

<http://www.gohotels.ee/?lang=en>

Trolley bus No. 7 provides transportation from the Premia Ice Rink (station "Haabersti") to the hotel station "Balti jaam" (approx. 25 min. if not a rush hour).

UNIQUESTAY MIHKLI HOTEL

<http://www.uniquestay.com/ustay/index.php?obj=2>

Trolley bus No. 6 provides transportation from the Premia Ice Rink (station "Haabersti") to the hotel station "Koidu" (approx. 20 min. if not a rush hour).

NB! There is no shuttle-bus service at this competition.

LIABILITY

In accordance with ISU Rule 119, the Organizer accepts no liability for injury or for property loss or damage incurred by Competitors or Officials. Each club is expected to provide its own insurance protection.

ADDITIONAL INFORMATION AND CONTACT PERSONS

Jelena Abolina	+372 55 684 274	jelena@juna.ee
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International Figure Skating Competition
JUNA CUP 2010, Estonia, Tallinn, January 9.-10.
ENTRY FORM

Personal Details

(Partners must complete separate entry forms)

Name: _____

Gender: female maleAddress: _____
(street, city, zip code, country)

Phone: _____

E mail: _____

Birthday: _____
(dd/mm/yyyy)

Home club: _____

Coach: _____

Competition

I will compete in:

 Single skating: Pre- Young (10-12 years) Young (13-15 years) Young adults (16-25 years) Bronze Free Skating Silver Free Skating Gold Free Skating Class I (26-35 years) Class II (36-45 years) Class III (46- 55 years) Class IV (56- ... years) Pair Skating: With my partner: _____

Team leader: _____

Phone: _____

E mail: _____

 I will join the banquet. Fee for one person is 10 EUR.

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PLANNED PROGRAM CONTENT

For pairs it is sufficient if one partner (team leader) fills in the following form :

Club	
Country	
Name of competitor(s)	

Elements in Order of Skating

Nr.	Free Skating Elements
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	

Juna Cup 2010 classification

Single Skating:

Pre- Young:

The maximum time is 2:00 min.

Maximum five (5) jump elements. Only single jumps are permitted, no Axel type jump. At least two (2) solo jumps. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. At least one (1) and maximum two (2) spins of different nature, each of them must be minimum of three (3) revolutions. Step Sequence (2/3 of the ice rink) or/and Spiral Sequence (at least two (2) spiral positions, each must be 2 seconds long and execute on a curve).

Young:

The maximum time is 2:30 min.

Maximum five (5) jump elements. At least two (2) solo jumps. The single Axel is permitted. One (1) double jump is permitted and can be repeated once in jump combination or sequence. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. At least one (1) and maximum two (2) spins of different nature, each of them must be minimum of four (4) revolutions. Step Sequence (2/3 of the ice rink) and Spiral Sequence (at least two (2) spiral positions, each must be 2 seconds long and execute on a curve).

Young Adults

The maximum time is 2:00 min.

Maximum four (4) jump elements. Only single jumps are permitted, no Axel type jump. At least two (2) solo jumps. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. At least one (1) and maximum two (2) spins of different nature, each of them must be at least three (3) revolutions. Step Sequence (2/3 of the ice rink) or/and Spiral Sequence (at least two (2) spiral positions, each must be 2 seconds long and execute on a curve).

Bronze

The maximum time is 1:40 min.

A competitor in the Adult Bronze Free Skating event must perform a well-balanced program that must contain:

a) A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included.

A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other

two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

b) A maximum of two (2) spins of a different abbreviation; The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. Flying spins are not permitted.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.). In case of a circular step sequence a full circle is required covering 1/2 the ice surface.

Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

Silver

The maximum time is 2:10 min.

A competitor in the Adult Silver Free Skating event must perform a well-balanced program that may contain:

a) A maximum of five (5) jump elements. The single Axel or any other single Axel type jump and all other single jumps are permitted.

A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.

b) A maximum of three (3) spins of different abbreviations, one of which must be a spin combination with a change of foot. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no

change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g., half a serpentine, half of a straight line etc.) In case of a circular step sequence a full circle is required covering 1/2 the ice surface.

Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

Gold

The maximum time is 2:40 min.

A competitor in the Adult Gold Free Skating event must perform a well-balanced program that may contain:

a) A maximum of six (6) jump elements, consisting only of single jumps but can include a single Axel and double jumps, excluding double Flip, double Lutz and double Axel, A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence according to the requirements.

Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

Pair Skating

The maximum time is 03:10 min., but may be less.

Couples must perform a well-balanced program that may contain:

a) A maximum of three (3) different lifts, one of which may be a twist lift.

Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Overhead lifts are not permitted.

b) A maximum of one (1) throw jump (single only);

c) A maximum of one (1) solo jump. Only single jumps are permitted.

d) A maximum of one (1) jump combination with a maximum of three jumps included or one (1) jump sequence (the two jumps with the highest value will count for points).

e) A maximum of two (2) pair spins of different abbreviation. The spins must have a required minimum number of revolutions: three (3) revolutions for a pair spin without change of foot and six (6) in a pair spin with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not count.

f) A maximum of one solo spin or solo spin combination. The spin must have a required minimum number of revolutions: three (3) for the flying spin and three (3) for the spin with only one position and six (6) for the spin combination with change of foot.

g) A maximum of one death spiral or pivot spiral (position optional). At least $\frac{3}{4}$ revolution in pivot position by the man is required.

h) A maximum of one step sequence (i.e, circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.). In case of a circular step sequence a full circle is required covering $\frac{1}{2}$ the ice surface. Only the first executed sequence (step or spiral sequence) will be considered.

Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.